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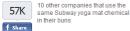
Sleep medication impairs your ability to drive the next day - here's how to fall asleep naturally

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## Dr. Jacob Teitelbaum reveals secrets for treating Chronic Fatigue Syndrome DX

## Sinus Infection Treatment mvmdnow.com

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Tags: Jacob Teitelbaum, chronic fatigue syndrome, natural (NaturalNews) Jacob Teitelbaum, M.D., is

scheduled to speak at The Thyroid Summit, an online event which begins June 2 and runs through June 9. His topic will be "Shine Program: 5 Simple Steps to Overcome Fatigue and Thyroid Disorders."

According to his website, Teitelbaum is a expert in the fields of chronic fatigue syndrome (CFS), fibromyalgia, sleep and pain. He is also Director of the Fatigue and

Fibromyalgia Practitioners Network and

board-certified internist and nationally known

Answer now to reveal the #1 WORST food that ages your body quicker

Which is the WORST food for

your skin, joints & blood sugar?

a) Milk

o b) Bread

O c) Corn

author of numerous books including The Fatigue and Fibromyalgia Solution (Avery), the best-selling From Fatigued to Fantastic! (Avery Penguin), Pain Free 1-2-3: A Proven Program for Eliminating Chronic Pain Now (McGraw-Hill), Three Steps to Happiness! Healing Through Joy (Deva Press), the Beat Sugar Addiction NOW! series (Fairwinds Press), Real Cause, Real Cure (Rodale) and the popular free iPhone and Android application Cures A-Z

Click here to see a complete guest list and speaking schedule.

Teitelbaum is the lead author of four studies on effective treatment for fibromyalgia and chronic fatigue syndrome, and a study on effective treatment of autism using Nambudripad's Allergy Elimination Techniques (NAET).

He battled CFS and fibromyalgia syndrome (FMS) while attending medical school in the mid-70s. In his struggle to heal, he discovered treatments that were unknown to the medical community and began a guest that became his life's passion -- helping those who







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suffer from these debilitating illnesses. The S.H.I.N.E.-based treatment program he

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China

U.S. treating meat with ammonia.

bleach and antibiotics to kill the

Battle for humanity nearly lost

global food supply deliberatel

Diet soda, aspartame linked to

Harvard research links fluoridated

water to ADHD, mental disorders

Right to farm being stripped from

Americans: Michigan to criminalize

small family farms with chickens,

goats, honey bees and more

5 powerful antibiotics that don't

Cannabis kicks Lyme disease to

Surge in babies born without

What the media isn't telling you

about Elliott Rodger, the psycho

non-conformity is a mental illness: only the sheeple are 'sane'

Tylenol can kill you; new warning

admits popular painkiller causes liver damage, death

Lemon: The quintessential cancer

destroyer and all-around health

Wal-Mart recalls donkey meat

tainted with fox meat from stores in

killer who murdered six in a

soulless rampage

Psychiatrists now say

brains in Washington State

require a prescription

the curb

premature deaths in women

engineered to end life, not nourish

'24-hour sickness'

developed has helped tens of thousands of sufferers reclaim the vitality that CFS/FMS once robbed from their lives. Through his books, speaking engagements and private practice, he has also reached many people.

His latest study published in the Journal of Alternative and Complementary Medicine focused on the effects of a unique 5-carbon sugar called D-ribose for fibromyalgia patients. The research found that 2/3 of the patients studied showed improvement after only 12 days of therapy. The average increase in energy was 45 percent, with an average 30 percent improvement in well-being

## Click here to register to hear all speakers (FREE!)

These are the subjects Teitelbaum will cover:

How you can easily implement the SHINE program.

Which dietary supplements improve thyroid function.

Which hidden infections wreak havoc in your thyroid gland (and everywhere else).

Tips to fall asleep faster and wake up refreshed.

website. The summit will feature some 30 presentations about common medical problems tied to thyroid disease. In them, you'll learn why the thyroid gland is the master gland in your body -- every cell depends on thyroid hormone to function optimally.

More than half of the population is suffering from thyroid problems, according to the event

and neurological disorders. Medications for a variety of symptoms will never solve the problem, but optimizing your thyroid hormone with vitamins, minerals, dietary changes and the right medications can.

If you're not aware of a thyroid problem, you could develop psychological, cardiovascular

This summit will provide you with all the information you need to optimize thyroid function and stop the suffering once and for all:

Learn why conventional medicine misses the diagnosis.

Find out which thyroid tests will properly evaluate thyroid function.

Educate yourself and learn how to speak with your medical professionals.

Access safe and effective natural remedies from over 30 world-leading authorities.

Click here to register for the Thyroid Summit (FREE!)







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